





INGREDIENTS:

- California Garden Chickpeas
- 2 ice cubes
- ³/₄ cup of flour
- 1 tablespoon salt
- 1/2 teaspoon salt'
- Garlic
- Sauce ingredients:
- Lemon
- Green spicy pepper
- Garlic

Serving size 2-4 across

Salt

PREPARATION:

• Use your food processor to ground the ice, chickpeas, then add flour, salt, lemon and garlic gradually and leave the mix in the fridge for 1 hour to rest

- Chicken liver with garlic and lemon:
- Fry chicken liver in a hot pan for 45 second with enough amount of oil and strain it

Add to a frying pan 50 gm of butter, add the liver, salt cumin, black pepper, garlic, then remove the mix and add lemon and parsley,

 In the serving plate add the Hummus salad, and liver on top of it and spice it up with the green spicy pepper&garlic mix



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Preparation Time

15-20 Min