

*"Tastier with your touch  
from iftar to suhoor .."*



*Steamed  
Fava Beans*

#### INGREDIENTS:

- California Garden Peeled Fava Beans with Chili
- Tomato Chunks
- Cilantro

#### PREPARATION:

- In a frying pan, add the fava beans and keep stirring for 5 minutes.
- In the center of the pan, put a small bowl with two tablespoons of oil and a piece of hot charcoal.
- Cover the pan to allow the liquid to evaporate.
- Move the fava beans to a serving plate,
- Add tomato and cilantro. Serve and Enjoy!



Serving size  
4-6 across



Preparation Time  
15-20 Min



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